

**OPEN
SOON**

New Start Recovery Solutions Monterey



468 Pine Ave,
Pacific Grove,
CA 93950

<https://www.nsr-s-monterey.com>



**New Start
Recovery Solutions
Monterey**



SIERRA
Health + Wellness Centers

Our Dual Diagnosis treatment programs help patients discover and resolve the underlying issues, trauma and stresses that often drive addictive behaviors.

We assist our clients to build a healthy body and mind - and to develop the mindfulness, resilience and emotional skills for sustainable sobriety.

We Accept Most Insurance

EAP and Union Programs | VA Community Care Provider

- Medically Managed Detoxification
- General Outpatient Services
- Outpatient Mental Health Therapy
- Men & Women Ages 18+
- 24-hour on-site monitoring
- Residential Inpatient Rehab
- Mindfulness for Recovery
- Telehealth Virtual IOP
- Relapse Prevention
- 24-hour transportation available
- Dual Diagnosis Treatment
- PHP 'Day Program'
- IOP Intensive Outpatient Treatment
- Veteran PTSD Dual Diagnosis Rehab
- VA Community Care Provider
- TriWest In-network

Admissions Questions?

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Chief Marketing Officer, New Start Recovery Solutions

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